## SLEEP WITH EASE

## PROJECT PLAN

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# KICK-OFF MEETING AGENDA

**Project:** Product designed to promote better sleeping habits for children. Venue: Room 2114, Seneca Polytechnic College @ York campus, Stephen E.Quinlan Building, 70 The Pond Rd, North York, ON M3J 3M6

Date: 24 November 2023 Start Time: 1:30 p.m. End Time: 4:00 p.m.

### Attendees:

- Professor Connie Sauernheimer, Consultant, Seneca Agency
- Syeda Aliya Jaffrey, Designer, Seneca Agency
- Safra Ducreay, Strategist, Seneca Agency
- Maniraj G Parthasarathy, Project Manager, Seneca Agency
- Terry Hudson, Director of Marketing, TVO
- Cynthia Thompson, Director of Product Acquisitions, TVO
- Sandra Bullet, Director of Retail Distribution, Loblaws, Shoppers Drug Mart
- Laura Syndical, Head of Research, Canadian Sleep Society
- Indiana Laines, Director of Engineering, Seneca Agency

**Purpose:** Introduction to the Project Plan, discuss L&D of product and product rollout from development to launch

## Meeting Agenda

- 1. Welcome and Introductions
- 2. Stakeholder Roles & Responsibilities
- 3. Planned Involvement of Stakeholders
- 4. Project Summary
- 5. Work Approach
- 6. Task List
- 7. Deliverables
- 8. Timeline
- 9. Effort & Cost
- 10. Assumptions

## **External Stakeholders**

### **External Stakeholders**

**TVO**, the client, delivers impactful digital education products, in-depth current affairs, thought-provoking TVO Original documentaries, and awardwinning TVOkids content.

### **Program stakeholders**

- Infants to Teens (Age 1 14 Yrs) Persons most impacted
- Parents / Guardian / Caregivers (Aged anywhere from 18 Yrs to 70 Yrs):

  Primary feedback about sleep disorders came from child caregivers
- Educators and childcare providers Reported a reoccurring pattern of children having trouble sleeping during naptime.
- **Pediatricians and Sleep Specialists** Reported that parents needed help addressing sleep disorders.
- Children Activists and Parent Bloggers Reporters who take the initiative to help address and reduce sleep disorders in children.

### Partnership stakeholder

**Loblaw Companies Limited** is a Canadian franchise supermarket with 22 regional and market-segment banners, pharmacies, banking, and apparel. **Shoppers Drug Mart** is a Canadian retail pharmacy chain in Toronto, Ontario. It has more than 1,300 stores in ten provinces and two territories. Owned by Loblaws.

**Canadian Sleep Society** is a national organization committed to improving sleep for all Canadians through support for research, promotion of high-quality clinical care, education of professionals and the public, and advocacy for sleep and sleep disorders medicine.

## Internal Stakeholders

**Project Managers** organize, plan, and execute the project within budget and schedule constraints and ensure the project is completed on time.

**Product Managers** create the product vision, listen to customer feedback, translate it into features, prioritize them, and set user expectations.

The **research and development team** develops activities the companies undertake to innovate and introduce new products and services or to improve their existing offerings.

The **design and engineering team develops** a company's product design concepts.

The **marketing and communications team** handles various promotional materials and uses their communication skills and creativity to create engaging content and increase brand awareness.

## **Core External Stakeholders**

**TVO**, ensures end product aligns with the company's vision **Program stakeholders** 

- Infants to Teens (Age 1 14 Yrs) Improved sleep
- Parents / Guardian / Caregivers (Aged anywhere from 18 Yrs to 70 Yrs): Track the sleeping habits of children
- Educators and childcare providers Track and report improved performance in learning settings
- Pediatricians and Sleep Specialists Recommend, report and track children's overall mental health

## Partnership stakeholders

Loblaw Companies Limited Ensure product is scalable Shoppers Drug Mart Ensure product is accessible to wider audience



## **Core Internal Stakeholders**

### **Project Managers**

- Leads the project team allocated to the project, defines main guidelines, allocates project tasks, and motivates and monitors internal and external resources to accomplish all tasks and milestones.
- Defines all project plan documents, including scope and financial plans, schedule, and risk management plans.
- Effectively monitors and controls project progress, resource utilization, Financials, and risks.

### **Product Managers**

- Launch new products and features, test their performance, and iterate quickly.
- Work collaboratively with engineering, marketing, legal, UX, and other teams on cutting-edge technologies.
- Develop solutions to problems by collaborating as needed across regions, product areas, and functions

## The research and development team

- creating and developing new products to meet consumer needs
- contributing towards the planning, execution, and monitoring of testing a product
- redesigning and refining existing products
- meeting with other departments to discuss product concepts

### The design and engineering team

- Utilize your proficiency in Figma to create high-fidelity wireframes, prototypes, and UI designs for web-based dashboards and other digital platforms.
- Contribute to creating and maintaining a cohesive and scalable design system that ensures consistency and enhances the user experience across various properties.

## PROJECT SUMMARY

## Goal

To create a scalable product that helps to improve sleeping habits and alleviate moderate sleep disorders.

## **Features**

- A blog section will have mothers and short story writers to create and share kid-friendly stories while having the opportunity to earn from their contributions
- Like popular voice assistants like Alexa and ChatGPT, Al-powered interactive Features enable voice-based interactions and chat assistance.
- Displays what is Popular with Other Caretakers / Parents (More like Social media)
- Customizable Sleep Scheduling, allowing users to set personalized sleep timings.
- Narrating Bedtime Stories in customizable voices, including using parents' voices.
- Recommending result-oriented Sleep Schedules to improve sleep quality.

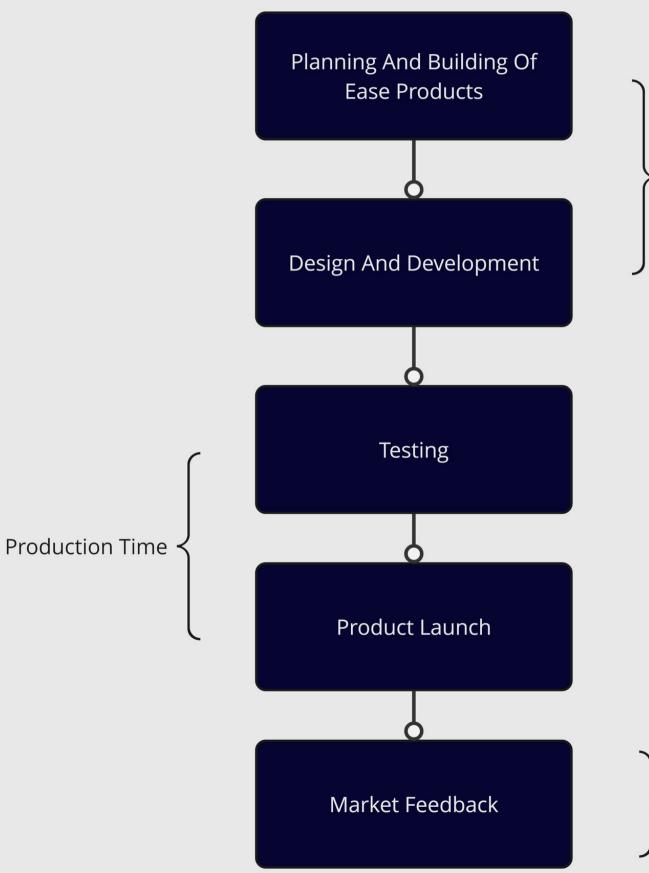
## Key **Demographics**

- Infants to Teens( Age 1 14 Yrs) with mild to moderate sleep disorders or abnormal sleeping habits
- Gender Neutral
- Caretakers wishing to improve children's sleeping habits

**Reports** 

Blog

AI



Identify Errors, Look For Possible Solutions And Deliver Them

## WORK APPROACH

Identify Errors, Look For Possible Solutions And Deliver Them

## TASK LIST

## 1) Research & Planning

- Market Research: Identify competitors and market trends for children's sleep aid products.
- **User Research:** Understand preferences of parents and children regarding sleep aids.
- **Requirements Gathering:** Define features for the interactive toy and the app.
- **Strategic Planning:** Develop a roadmap and project plan for efficient execution.

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## 2) Competitors Toys and Apps

- **Ideation and Design:** Developing ideas and design of the product.
- **Competitor Analysis:** Analyze competitors' products and features.
- **Technology Research:** Investigate emerging technologies for potential integration.

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## 3) Product Designing

- Interactive Toy Design: Design 3D model and Al features of the interactive toy.
- App UI/UX Design: Create wireframes and design the user interface for the app.
- **Integration Planning:** Plan for seamless integration between the toy and the app.
- **Prototyping:** Develop prototypes for both the interactive toy and the app.

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## 4) Development & Testing

- **Toy Manufacturing:** Collaborate with manufacturers for mass production.
- **App Development:** Code the mobile application with control and monitoring features.
- Quality Assurance: Ensure both the toy and app meet quality standards.
- **Iteration and Improvement:** Make necessary improvements based on testing feedback.

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## 5) Deployment & Post Launch Activities

- **Distribution:** Establish the sales channels of Toys in Popular marketplaces and TVO website.
- **App Deployment:** Launch the mobile app on relevant app stores.
- **User Training:** Create resources for parents and children on using the interactive toy and app.
- **Support and Maintenance:** Set up support systems and plan for ongoing maintenance

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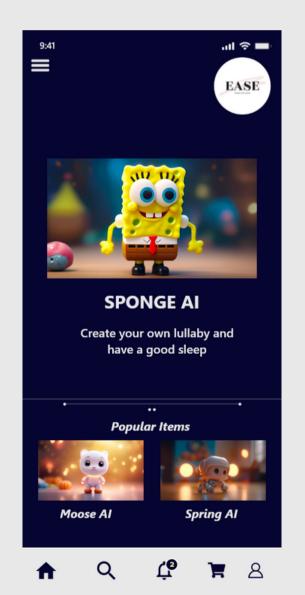
## 6) Ideation & Planning

- **Feedback Analysis:** Analyze user feedback to identify areas for improvement.
- **Research and Development:** Stay updated on emerging technologies and user needs.
- Iterative Enhancements: Continuously iterate on features based on user feedback.
- Market Trends Monitoring: Monitor market trends for potential updates and enhancements.

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## DELIVERABLES







- Project plan
- research
- user experience
- wireframes
- prototyping
- user interface
- development specifications
- testing and quality assurance
- testing
- product launch
- evaluation
- maintenance



## EFFORT & COST

**Development Cost: (\$58,300)** 

Al & App Development

Manufacturing Cost: (\$10,000)

Interactive Toy sample

Testing & Quality Assurance: (\$ 50,000)

Toy Testing, App Testing, App Testing

Market Research: (\$30,300)

Research Cost, Competitors Product Cost, Product Analysis Cost

Technology Cost: (\$20,000)

Technology stack for app development, including any licensing fees or third-party integrations, Project Management Tool, Adobe subscriptions, and other software subscription.

Legal and Regulatory Compliance Costs: (\$80,000)

Character License, App technology License, Third Party integration License

**Design Cost: (\$80,000)** 

Art & 3D Modelling of the Product and UI UX Design Cost

Marketing and Promotion Cost: (\$150,000)

Online Marketing, Promotional Deals, Giveaways, Affiliate marketing, CPC marketing.

Operational Cost: (\$60,000)

Management, Office Space, and Utilities costs

Miscellaneous Cost: (\$70,000)

Consultancy, Travel and Accommodation costs, Meeting Costs, and other unforeseen challenges cost

Total Cost: \$ 608,600 (Six Hundred Eight Thousand and six hundred Dollars only)

**Note:** All \$ mentioning Canadian Dollars Only

## ASSUMPTIONS



- Skilled developers will be available for the entire project.
- Market demand for the interactive toy aligns with research findings.
- The chosen technology stack for app development remains stable.
- Users engage with the interactive toy and app as intended.
- The app complies with child safety and data protection regulations.
- Licensing is secured for selected toon characters.
- Cost estimates for manufacturing and development are accurate.
- Stakeholders provide timely feedback to avoid project delays.
- Bulk production will be initiate at expected time to launch.
- The project will be completed within the planned timeline.



## RESOURCE PAGE

PRESENTED BY:

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